

Sport

Books:

- Bevis,P & Murray,M. AQA AS Physical Education (2008) Nelson Thornes.
- Roscoe D, Davis B, Roscoe J. AS Revise PE for AQA (2010) Jan Roscoe Publications
- Bizley, K. AQA Physical Education (2009) Nelson Thornes.
- Clegg, C. Exercise Physiology And Functional Anatomy (1995) Feltham Press
- Walder, P. Mechanics And Sport Performance (1998) Feltham Press (1998)
- Burrows, S. Byrne, M. Young, S. AQA AS Physical Education Student Revision Guide (2008) Philip Allan Updates
- Wiggins-James, N. James, R. Thompson, G. AS PE for AQA (2005) Heinemann Also Sports rule books and coaching guides
- Sports Biographies/Autobiographies

Journals

- Journal of Sports Sciences
- Journal of Sport & Social Issues
- All sports magazines will offer a view on performing, coaching, science, current issues or history of sport(s). They are therefore valuable wider reading material
- National newspapers. The sports pages report global events and the biggest issues

TV

- Sky sports news
- Live sport – watch local, national and global events.
- Sports biographies and 'day in the life of' programs give an excellent insight into the world of the elite athlete

Websites

- www.mypeexam.com
- www.sportengland.org
- www.brianmac.co.uk
- NGB websites
 - e.g. The FA www.thefa.com, The RFU www.rfu.com etc.

Live sport

- Active involvement in a sports club or team is essential.
- Go to live sports fixtures and events – This is fun and may help your grades!