

7th June 2024

Dear Parents/carers,

As year 10 nears the end of the academic year and they move into year 11 it is essential all students continue to prepare for next year's GCSE exams.

To help support and prepare your son/daughter for next year's exams we are planning on completing their first set of mock exams. This will start on June 21st. The exams programme (attached on the back of this letter) will include exams for most GCSE subjects.

In order to be successful in their exams staff are going through exam papers and revision questions in lessons. Students also need to ensure they are revising at home by completing exam questions, online homework, using revision flashcards and making comprehensive notes in their homework books.

To give students a full experience of what an exam season feels like, results will be sent home during the final week of term. Any students who have concerns or worries regarding their results should contact their head of year and we will arrange a meeting to discuss them so all worries are resolved before the Summer Holiday and each student can hit the ground running in September.

Some ways to support your child with revision can be found here on our school website: Revision guidance for parents

Here are some easy things you can do to help your child

## Top 10 tips to support your child with revision

- Being a role model Help support them with revision by asking them questions, reading their notes and listening to them.
- Help them set goals Encourage them to keep their goals planner visible –
  e.g. printed and displayed on their bedroom wall. Help focus them and talk to them about their goals regularly
- Keep them active Encourage them to keep active on a daily basis
- Healthy eating Encourage them to eat breakfast everyday Eating the right food and drink can energise your system, improve alertness and sustain your child through the long exams
- Time out Encourage them to build in opportunities to take some time out every week, away from study

- Sleep patterns Young people need between 8 9 hours sleep per night
- Unplugging Encourage them to unplug from technology everyday. Help them switch off from technology at least 30 mins- I hr before going to sleep
- Staying cool & calm Promote a balance of their academic studies & other activities during the week
- Belief Give them positive reinforcement
- Be supportive

This is the first real set of mock exams and is a vital stepping stone in preparing them for the real exams next year in year II. If you have any questions or concerns please contact your son/daughter's tutor or Head of Year.

Yours faithfully

Mr S Gill

Deputy Headteacher

Year 10 Stoke Damerel Community College June/July 2024 Mock Exam Timetable

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	9:00	11:00	13:15	
Friday 21st June		Art 5hrs		
Monday 24th June	English Language Paper 1 1hr 45mins	Child Development 1hr (11:35 start)	Hospitality & Catering 1hr	
Tuesday 25th June	Maths Paper 1 1hr 30mins	Hospitality & Catering Practical Class 10B 2hrs	Computer Science 1hr 30mins	
Wednesday 26th June	Combined Biology 1hr 15mins Separate Biology 1hr 45mins	No Exam	Business 1hr 45mins	
Thursday 27th June	English Language Paper 2 1hr 45mins	No Exam	Geography 1hr 30mins	
Friday 28th June	Combined Chemistry 1hr 15mins Separate Chemistry 1hr 45mins	No Exam	French Reading & Listening 35mins & 45mins	

	9:00	11:00	13:15
Monday 1st July	Maths Paper 2 1hr 30mins	Hospitality & Catering Practical Class 10C 2hrs	Religious Studies 1hr 30mins
Tuesday 2nd July	English Literature 1hr 45mins	No Exam	History 1hr 20mins
Wednesday 3rd July	Combined Physics 1hr 15mins Separate Physics 1hr 45mins	Health & Social Care 1hr <b>(11:35 start)</b>	Sociology 1hr 45mins
Thursday 4th July	Maths Paper 3 1hr 30mins	Hospitality & Catering Practical Class 10N 2hrs	French Writing 1hr 15mins
Friday 5th July	Media - 5hrs		
Monday 8th July	Photography - 5hrs		